

NEBRASKA OES NEWS

Volume 15 Number 12 ~May, 2015

"Music of the Stars"



Jottings from Jan

Secretaries if you believe you should have received a 50 year pin for someone and didn't get one - please contact the Grand Chapter office immediately. Today I received a pin from the Post Office in Grand Island. They stated they found a pin loose in the mail and they just found out where to return it. They also stated they had it for a while. We don't want any of our 50 year members to miss out on the recognition they deserve. Thank you for checking your records!

Final reminders concerning our upcoming Session:

✓ Don't forget your dues receipt, credential or proxy, Past Matron, Past Patron, Past Grand Matron or Past Grand Patron Card.

REMINDER: to bring your "basket" or items you can donate to Grand Chapter. If you need ideas, don't hesitate to contact Margaret McCall, Chairperson. We want to make this a very successful project for Multiple Sclerosis!

Reminder: For those Chapters who were willing to share their Visitation decorations, please remember to take them to Grand Chapter. Thank you for sharing. Sharlene Coulter, WGM

OES Express

The OES Express is turning on full steam ahead picking up passengers to attend the "Star Within the Star" Kansas Grand Chapter Session in Wichita, Kansas April 23-25, 2015. I hope many of you will come aboard to join the festivities.

In a few short weeks the OES Express will making its final trip around the state picking up passengers to travel to Kearney to attend the "Music of the Stars" Grand Chapter Session, May 12-14, 2015. I've heard in the train yard there will be many guests from out of state so plan to attend to make new Eastern Star friends. How exciting to be a part of Nebraska Grand Chapter.

What a year the OES Express has had! The opportunities to meet and greet our fellow Eastern Star members has been wonderful. I won't be on the tracks traveling the state, but you never know when I might show up to give you a ride. So...just watch for me and come aboard.

Just a thought:

Don't forget to lift your eyes away from the keyboard now and then to see how blue the sky is.

Don't forget to put away the cell and spend some time with paintbrush, pen or piano.

Don't forget to seek the blessing of silence amid the rush and noise of life.

And remember always that the secret of success is how happily you climb-not how high.

Multiple Sclerosis (Special Project for 2014-2015)

Multiple sclerosis (MS), also known as disseminated sclerosis or encephalomyelitis disseminata, is an inflammatory disease in which the insulating covers of nerve cells in the brain and spinal cord are damaged. This damage disrupts the ability of parts of the nervous system to communicate, resulting in a wide range of signs and symptoms, including physical, mental, and sometimes psychiatric problems. MS takes several forms, with new symptoms either occurring in isolated attacks (relapsing forms) or building up over time (progressive forms). Between attacks, symptoms may disappear completely; however, permanent neurological problems often occur, especially as the disease advances.

While the cause is not clear, the underlying mechanism is thought to be either destruction by the immune system or failure of the myelin-producing cells. Proposed causes for this include genetics and environmental factors such as infections. MS is usually diagnosed based on the presenting signs and symptoms and the results of supporting medical tests.

Hug therapy.....

Safe, inexpensive, readily available, needs no instruction manual, proven effective, guaranteed to lift spirits and warm the heart.

A True Friend – Hugs you often



THE "NOTE" WORTHY CALENDAR



(As space permits in the newsletter - I will try to list your Chapter Events)
PLEASE SEND INFORMATION TO BE INCLUDED IN THE June NEWS BY May 15

- May 1 Deadline for Scholarships
- May 9 Martha Washington Fish Fry, \$9.00, children \$4.00, 4:30-7:00 pm, 4430 N 70th, Lincoln
- May 10 Happy Mother's Day
- May 12-14 GRAND CHAPTER IN KEARNEY AT THE YOUNES CONFERENCE CENTER**
- May 30 Reception honoring WGM & WGP and all 2015 Grand Officers, Masonic Temple, 322
Norris Ave, McCook, 2:00-4:00 p.m.
- June 2-6 Masonic All-Star Marching Band Camp in Kearney
- June 6 Shrine Bowl and Shrine Parade in Kearney
- June 6 Reception honoring WGP, WGM and all Grand Officers, 2:00-4:00 p.m., Masonic
Temple, 15th & J St, Franklin
- June 12-14 Rainbow Grand Assembly, Doane College in Crete
- June 13 Martha Washington #153 Fish Fry, \$9.00, 4:30-7:00 pm, 4430 N 70th, Lincoln
- June 18-20 Job's Grand Bethel, Peru State College
- July 24-26 5-State Friendship Weekend in Altoona, Iowa
- June 26 Bridgeport Chapter #260 Centennial Celebration, open house, 600-8:00 pm, (mountain
time), 526 Main St, Bridgeport
- Oct 29-Nov 6 48th General Grand Triennial Assemblies "Hope For Tomorrow" in Pittsburgh
Pennsylvania

2017

- Sept 23-24 6th Triennial Masonic Youth Leadership Conference in Kearney

Enclosed with this OES News:

- ❖ Letter from the Associate Grand Matron and Associate Grand Patron
- ❖ 2015-2016 Travel Schedule

Visit us on the web at neoes.org. See the Eastern Star Calendar by clicking on "Calendar"
Become a friend on Facebook at Nebraska Eastern Star
Call the Grand Chapter Office—402-727-8644 or 800-832-9320
We are here to help you in any way we can!