## **NEBRASKA OES NEWS**

Volume 15 Number 6 ~~ November, 2014 "Music of the Stars"



Reminder that November is "election month". Remember to send in the blue after election report after your election. If bad weather or some other circumstance prevents your Chapter from holding it's election in November, the Secretary will need to request a "Dispensation to elect out of time" from the Grand Secretary (402-727-8644). There is no fee for this dispensation.

# Multiple Sclerosis (Special Project for 2014-2015)

10 Early Warning Symptoms of Multiple Sclerosis: 1. Numbness (i.e. legs, Arms, fingers) 2. **Exhaustion** (Unexplained muscle fatigue and muscle weakness) 3. Vision **Problems** (slowly degrades and sometimes accompanied by eye pain) 4. Loss of Bowel & Bladder Control 5. Memory Loss (memory loss. inability to focus, and speech or language issues) 6. Muscle **Spasms** 7. Sexual **Dysfunction** 8. **Dizziness** (Issues with balance and gait, suffer vertigo) 9. **Seizures** (Epileptic-type seizures are very common) 10. Depression (will often take its toll on a patient's emotional health as well as their physical from health, suffer irritability, and mood swings)



### OES Express

As I'm traveling along picking up OES passengers I'm enjoying the beautiful fall scenery. I've seen farm equipment preparing for the harvest. I know it's a busy time of year.

The OES Express is headed north to Pierre, South Dakota then to Columbia, Missouri. I will be in Kearney on October 18 for the Grand Representatives Meeting. I should have a full train by the time I arrive in Kearney. There's always room for more if you want to come along.

October is always a busy month for traveling to other grand jurisdictions. I know I'll be in need of maintenance when I return from Iowa Grand Chapter, October  $24 - 26^{th}$ . Be sure and let me know if you want to come aboard and head to Altoona, Iowa.

I know there are many Eastern Star activities to attend that aren't on my train schedule so please let me know if the OES Express can pick up passengers to attend those activities.

The OES Express is picking up passengers for Pierre early in the morning so I better check my supplies and be ready.

All aboard!

Introduction Cards: If you will be planning to do introductions at Installation or any special meeting that you have, an updated set of Introduction Cards is available. Call the Grand Chapter office for a set. The cards are similar to those brought out by your District Grand Supervisor last year at her School of Instruction

#### **OUR THANKS**

to our Eastern Star Sisters and Brothers

for your support of our recent Masonic Youth Leadership Conference

held in Kearney September 27-28, 2014.

Just over 300 attendees enjoyed a variety of engaging speakers, had opportunities to learn about our Masonic Family and took part in our Community Service Project by donating food to their local community food pantry and to the Mid Nebraska Food Bank in A total of 5,382.4 Kearney. pounds or 4 TONS of food was collected, which is almost twice what had been collected at the Conference three years CONGRATULATIONS to the "Music of the Stars" Grand Family who collected the most of all groups with 1,219 pounds.

Our appreciation to everyone for your generous monetary donations, your support of the Assembly, Bethel and Chapter in your community and to the food pantry service project.

This Conference shows what our Masonic Family can do by working together! THANKS to you ALL!!

The 2014 MYLC Committee

Friendship isn't a big thing.... It's a million little things. Anonymous







## (As space permits in the newsletter - I will try to list your Chapter Events) PLEASE SEND INFORMATION TO BE INCLUDED IN THE DECEMBER NEWS BY NOVEMBER 15

Nov 1	Narcissus #269, Annual Turkey Dinner, 4:00-7:00pm, \$8 adults, \$4 children, Turkey, dressing, vegetables, mashed potatoes, salad, dessert, bread, tea & coffee, 5903 Maple St, Omaha
Nov 2	Daylight Savings Ends
Nov 2	Trinity #299, Pancake breakfast 8:00 -1:00 pm, 2424 S 135 <sup>th</sup> Ave, Omaha
Nov 8	Crete #104, Civil War Era Quilt Showing and Luncheon fundraiser, 11:30-2, \$10.00, at UCC
	Church, 440 E 12th St in Crete. Tickets can be purchased at the door or from the officers.
Nov 9	AkSarBen #277, German Dinner includes Wiener Schnitzel or Brat, German Potato Salad,
	Sauerkraut, roll, butter, beverages, dessert is german chocolate cake and angel food cake,
	11:00–2:00 pm, \$12.00, 2823 N 83 <sup>rd</sup> St, Omaha
Nov 11	Happy Veterans Day
Nov 15	Alpha #325, Chili and Chicken Soup Dinner, 1910 Franklin, Bellevue
Nov 27	Happy Thanksgiving
Dec 25	Merry Christmas

### MARK YOUR CALENDAR WITH IMPORTANT "2015" DATES

Feb 5-7	Grand Lodge in Kearney at the Younes Conference Center
Apr 23-25	Grand York Rite in Kearney at Holiday Inn
May 12-14	GRAND CHAPTER IN KEARNEY AT THE YOUNES CONFERENCE CENTER
June 2-6	Masonic All-Star Marching Band Camp in Kearney
June 6	Shrine Bowl and Shrine Parade in Kearney
Oct 29-Nov 6	48th General Grand Triennial Assemblies "Hope For Tomorrow" in Pittsburgh Pennsylvania

### Reminders -----

- 1) November is "Election Month. Best of luck to all Chapters on a successful election.
- 2) The year for our Subordinate Chapters is fast coming to a close! <u>Annual Report forms will be mailed to Chapter Secretaries in mid-November—they are due back in the Grand Chapter office by January 15, 2015</u> and must include all membership information from Jan 1, thru Dec. 31, 2014.

#### Enclosed with this OES News:

- Christmas Letter from Worthy Grand Matron & Worthy Grand Patron
- Invitation to The Queen of the South Degree

Visit us on the web at <u>neoes.org</u>. See the Eastern Star Calendar by clicking on "Calendar" Become a friend on Facebook at Nebraska Eastern Star

Call the Grand Chapter Office—402-727-8644 or 800-832-9320 We are here to help you in any way we can!