

# NEBRASKA OES NEWS

Volume 14 Number 8 ~January, 2014

*"Stars across the Prairie"*



## Jottings from Jan

Please send the "After Installation Report" and the receipts that have been signed for the Red Books and Secret Work within 3 business days after your Installation. It's a busy month for our Chapter Secretaries and we appreciate all of their hard work.

**HAPPY NEW YEAR**

This month the OES NEWS is being sent to the 2014 Worthy Matrons and Secretaries. If you received the NEWS please share it with your Chapter even though you may not yet have been installed. Thanks!

## ALZHEIMER'S DISEASE

While there is no known way to prevent Alzheimer's disease, research suggests that the steps people take to maintain brain health may also reduce the risk of Alzheimer's. Eating a low-fat diet rich in fruits and vegetables, exercising regularly, and staying mentally and socially active may all help protect the brain.

Some of the strongest evidence links brain health to heart health. This connection makes sense, because the brain is nourished by one of the body's richest networks of blood vessels, and the heart is responsible for pumping blood through these blood vessels to the brain. It's

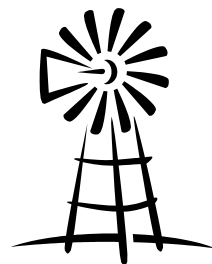
especially important for people to do everything they can to keep weight, blood pressure, cholesterol and blood sugar within recommended ranges to reduce the risk of heart disease, stroke and diabetes.

## JURISPRUDENCE COMMITTEE:

Deadline for submitting resolutions to be considered at the next Grand Chapter Session: FEBRUARY 12, 2014. Resolutions must be submitted to the Grand Secretary at least 90 days before the session.



Once again it is time to remember to file your Form 990-N online. The information for 2013 must be filed between Jan 1 and May 15, 2014 at [www.irs.gov/efile](http://www.irs.gov/efile). Do it right away you won't forget. Every Chapter must file.



Happy New Year!

My goodness, it really doesn't seem possible that my first article for the OES News was last June and here we are in January 2014. This has sure been fun trying to keep track of that busy "Stars across the Prairie" Grand Family.

In December, they held their Christmas Party along with a surprise 50<sup>th</sup> Anniversary cake and good wishes for

the WGM Bev and husband Mike, PGP. They were sure surprised!

Speaking of the Worthy Grand Matron, she asked me to tell all of you members across the state for the wonderful 'get well' wishes following her knee replacement. She is doing nicely, still a little stiff and sore.

Several of the Grand Family has had illnesses that require surgery and other testing. Every evening as the sun sets, I try to say extra little prayers for our Nebraska OES members who are suffering from illnesses or loss of loved ones. Would you please join me in this endeavor?

PGP Alvin Benemerito has a special project called "Go Fish" for the residents of his home town in the Philippines that sustained horrible damage from the typhoons. Please check on this project and help if you can.

As I indicated last month, the School of Supervision will be held in Omaha on January 18-20, 2014. In February, the District Grand Supervisors will be beginning their visitations to your chapters. I know that they will be excited to visit you and share with your chapters. Share the ENTHUSIASM!

Guess that I had better get myself ready to watch their travels across this beautiful state. Let's hope the snow and winds do not hinder any travels.

Until next month, enjoy your OES Installations, have fun planning for a new year and stay warm and safe.

Windy



## THE "PRAIRIE" CALENDAR



(As space permits in the newsletter - I will try to list your Chapter Events)  
PLEASE SEND INFORMATION TO BE INCLUDED IN THE FEBRUARY NEWS BY JANUARY 15

- Jan 15 Annual Reports are due
- Feb 6-8 Grand Lodge in Kearney at the Younes Conference Center
- May 13-15 GRAND CHAPTER IN KEARNEY AT THE YOUNES CONFERENCE CENTER
- Sept 27-28 Masonic Youth Leadership Conference in Kearney at the Holiday Inn

### INSTALLATIONS:

- Jan 2.....Herman #216, 7:30 pm, Hwy 75 & 5<sup>th</sup> St, Herman (closed installation)
- Jan 4.....Martha Washington #153, 10:30 am, 4430 N 70<sup>th</sup> St, Lincoln
- Jan 6.....Franklin #213, 1:30 pm, J Street in Franklin
- Jan 9.....Holly #233, 7:00 mountain time, 621 Chief St, Benkelman (closed installation)
- Jan 10.....Adah #52, 7:30 pm, 84<sup>th</sup> & Centennial Road, Papillion (closed installation)
- Jan 11.....Blue River #132, 1:30 pm, 115 B Street, Milford 8
- Jan 11.....Arbor Vitae #92, 2:00 pm, 350 E 23<sup>rd</sup> St, Fremont
- Jan 11.....Papillion #114, 2:00 pm, 84<sup>th</sup> & Centennial Road, Papillion
- Jan 12.....Sunflower #214, 1715 18<sup>th</sup> Avenue, Mitchell
- Jan 12.....Alpha #325, 3:00 pm, Bellevue Masonic Center, 1910 Franklin, Bellevue
- Jan 13.....Ceresco #198, 7:30 pm, 121 W Elm, Ceresco (closed installation)
- Jan 16.....Narcissus #269, 7:30 pm at Benson Masonic Temple, 5903 Maple St, Omaha
- Jan 17.....Ak-Sar-Ben #277, 7:00 pm, 2823 N 83<sup>rd</sup> St, Omaha
- Jan 18.....Temple #271, 2:00 pm, 332 S Centennial Mall, Lincoln
- Jan 21.....Dorcas #144, 7:30 pm, Main St, Bartley
- Jan 22.....Imperial #279, 7:30 pm, 320 West 10<sup>th</sup>, Imperial (closed installation)
- Jan 24.....Fontenelle #249, 7:30 pm, 2424 S 135<sup>th</sup> Ave, Omaha
- Jan 25.....Vesta #6, 1:00 pm, 5903 Maple St, Omaha
- Jan 25.....Trinity #299, 7:00 pm, 2424 S 135<sup>th</sup> Ave, Omaha
- Jan 25.....Crete #104, 2:30 pm, 1105 Main, Crete
- Jan 26.....Capitol #320, 2:00 pm, 4641 Cooper Ave, Lincoln
- Jan 26.....Myrtle #94, 2:00 pm, 2610 N 48<sup>th</sup> St, Lincoln
- Jan 27.....Eureka #86, 8:00 pm, 322 Norris Ave, McCook (closed installation)

**Call the Grand Chapter Office—402-727-8644 or 800-832-9320**  
**We are here to help you in any way we can!**